

**GA²LEN Allergy School:
Management of allergic rhinitis and comorbidities/associated diseases**

GA²LEN will hold a 2 day GA²LEN Allergy School on Management of allergic rhinitis and comorbidities/associated diseases. The objectives of this school are to increase knowledge and awareness of both Allergic Rhinitis and comorbidities among European and worldwide specialists. This course gives a highly concentrated teaching program that includes tests, lectures and workshops with interactive discussions enhancing participants' competence and knowledge with regard to the latest advances in these subjects. The program includes knowledge of guidelines, crosslinking, molecular diagnosis of allergy and, amongst other points, the socioeconomic impact of allergic rhinitis and urticaria. Additionally, there will be parallel specialized topic-related hands-on workshops. Participants who successfully pass the GA²LEN test will be awarded a GA²LEN Certificate of Knowledge.

The ultimate aim is to pass on the latest up to date knowledge and treatment methods, as well as give a significant increase in expertise and approaches for diagnosing and managing allergic rhinitis and comorbidities/associated diseases.

This School has been granted **8 European CME credits** (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME®).

DAY 1 - 07.10.2016

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| 08.30-09.00 | Documentation pick-up | All GA ² LEN Faculty led by Prof. J. Mullol and Prof. T. Zuberbier |
| 09.00-09.15 | Welcome and introduction to the programme | Prof. T. Zuberbier |
| 09.15-09.30 | GA ² LEN Knowledge Test | All GA ² LEN Faculty |
| 09.30-09.50 | The crosslink between allergic rhinitis and food allergy (plenary room) | Prof. Joan Bartra |
| 09.50-10.00 | Questions and Answers | |
| 10.00-10.20 | Socioeconomic impact of allergic rhinitis and urticaria (plenary room) | Prof. Torsten Zuberbier |
| 10.20-10.30 | Questions and Answers | |
| 10.30-11.00 | <i>Coffee break</i> | |
| 11.00-11.20 | ARIA Guidelines (plenary room) | Prof. Joaquim Mullol |
| 11.20-11.30 | Questions and Answers | |
| 11.30-11.50 | Why allergies are increasing – climate, pollution, lifestyle (plenary room) | Prof. Joan Bartra |
| 11.50-12.00 | Question and Answers | |
| 12.00-12.20 | EAACI/GA ² LEN Guideline for the treatment of Urticaria (plenary room) | Prof. Torsten Zuberbier |
| 12.20-12.30 | Question and Answers | |

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| 12.30-14.00 | <i>Lunch</i> | | |
| 14.00-14.20 | Anti-allergic effects of antihistamines (plenary room) | | Prof. Joaquim Mullol |
| 14.20-14.30 | Questions and Answers | | |
| 14.30-14.50 | Molecular diagnosis of allergy (plenary room) | | Prof. Marta Ferrer |
| 14.50-15.00 | Questions and Answers | | |
| 15.00-15.30 | <i>Coffee break</i> | | |
| 15.30-17.00 | Respiratory (R) Hands on course Nasal Endoscopy | Skin (S) Tools to measure PRO's in Urticaria | Dr. Alfonso del Cuvillo (R) Prof. Torsten Zuberbier (S) |
| | Respiratory (R) How to assess the loss of smell | Skin (S) Hands-on course skin prick testing | Prof. Joaquim Mullol (R) Prof. Marta Ferrer (S) |
| 20.00-23.00 | <i>Dinner</i> | | |

DAY 2 – 08.10.2016

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| 09.30-10.00 | Respiratory (R) United Airways – beyond the concept of allergy | Skin (S) Update on Urticaria: pathophysiology & mechanisms | Prof. Joaquim Mullol (R) Prof. Ana Giménez-Arnau (S) |
| | Questions and Answers | | |
| 10.00-10.10 | | | |
| 10.10-11.00 | Respiratory (R) Interactive respiratory case discussion | Skin (S) Interactive skin case discussion | Dr. Alfonso del Cuvillo (R) Prof. Ana Giménez-Arnau (S) |
| | <i>Coffee break</i> | | |
| 11.00-11.30 | | | |
| 11.30-12.00 | Final GA ² LEN Knowledge test | | All GA ² LEN Faculty together with Local Experts |
| 12.00-12.30 | Discussion of Exam results and award ceremony | | |
| 12.30-12.45 | Summary and Conclusion | | |
| 12.45-13.00 | Close of Allergy School and goodbyes | | |